





Treatment - Simple, Fast and Safe

Use Sapphire 3 times a week for the first month in order to get best results After the first month, use as needed, Normally you can turn to once a week. do not put any lotion before use

- 1. Make sure the Sapphire is fully charged before use (blue light indicator).
 make sure the areas you want to treat are dry.
- 2. After you turn it on Sapphire will start heating up slowly (no need to wait), place the probe (metal head) on your skin, the LED light will then be automatically activate.
- 3. Apply light pressure while slowly moving the Sapphire in small circular motions.
- 4. Treat each area for 3 minutes Face, Forehead and Eyes.
- 5. It is recommended to apply a small amount of moisturizing cream on the treated skin areas after each session and to massage it gently in circular motions.
- 6. Clean Sapphire after every use with a dry cloth or paper towel make sure not to allow any moisture to penetrate the seams of the unit, do not get it wet.
- 7. Do Not expose eyes to the Sapphire light, in case of over heating (above 42c) stop use.